## Dr. Ilya Skolnikoff's Path to Health

The Process. Through our transformational system of healing, we are able to understand what the body needs and how to give the body what it needs so that it will do what it needs to do—function as a healthy body. Doing the right things in the right order for the proper amount of time always leads us to the results we are seeking. Understanding the process charted below will allow you to understand how your body will heal.

Here is the Goal! Healthy,
happy and living a great
life! The healthy habits
are natural now!

Custom Tailored & Personalized Program. Because everyone is different everyone needs a different program. The program you are being given goes through these 3 phases charted out below.

The System. Everything we do is designed to give you the best results possible with the least number of challenges & changes on your end. Dr. Skolnikoff has found that his Path to Health diagram in combination with Dr. Hawkins' MAP OF CONSCIOUSNESS synergistically helps you to quickly & safely go through the healing process that moves you from symptoms such as moodiness, fuzzy thinking, headaches and belly fat to integrated wellness.

Supportive Care

Actually having a better Functioning Body.

Life Repair Weight Loss or Wellness Based Therapies & Detox Programs fit really well here.

Symptom Relief

Correction

and
Strengthening

Neurologic, Hormone & Brain Support The
"I Feel
Good"
Phase

Symptoms Dominate here: Aches & Pains, Headaches, Joint Stress

More Symptoms: Numbness, Tingling, Digestive Issues, Fatigue, Tremors, Twitches, Hormonal, Sleep Issues, etc... Feel pretty good, but going through the Healing Process of Correcting the Underlying Causes of our Symptoms.

Symptoms are mostly under control & now it's time to Balance our Hormones in order to Decrease our Brain Fog, Improve our Memory, Energy and Mood.

Most people are Thrilled to reach here! Body rarely hurts & I'm Feeling Terrific most of the time!