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Triad Of Health Family Healing CenterBy: via PR Newswire

June 18, 2018 at 03:00 AM EDT

Triad Of Health Family Healing Center Reveals The Seven Pitfalls You Must Avoid To Heal Your Thyroid

SAN RAFAEL, Calif., June 18, 2018 /PRNewswire-PRWeb/ -- No more overly prescribed medications! No more unnecessary surgeries! Are you tired of being tired or stressed out about being stressed out? Do you have difficulty losing weight? Thyroid symptoms include feeling easily stressed, weight gain, feeling cold, feeling like crying, fluctuating mood, hair loss, anxiety and many other symptoms... 60% of those with thyroid disease are unaware of their condition according to the American Thyroid Association.

Dr. Ilya Skolnikoff, DC, DIBAK, Clinical Director of Triad Of Health Family Healing Center brings new meaning to health care and the potential for healthy living despite the seriousness of the health condition. Dr. Skolnikoff specializes in helping women with hormonal imbalances and people who suffer from thyroid disease. Hashimoto's Thyroiditis and Grave's Disease are on the rise in the United States. Note these timely news releases:

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Celebrities with Autoimmune Thyroiditis

<https://www.eonline.com/news/814826/gigi-hadid-isn-t-alone-7-more-stars-who-ve-battled-hashimoto-s-and-other-thyroid-diseases>

Ex-President Bush

https://www.washingtonpost.com/archive/politics/1991/05/10/bushs-thyroid-condition-diagnosed-as-graves-disease/d3c91174-dec2-4f01-a191-ba3e81e48e69/?noredirect=on&utm_term=.49a7c16f6e24

Oprah is Referenced

<http://www.health.com/thyroid/celebrities-with-thyroid-disorders#oprah-thyroid-disease>

Hillary Clinton and Bernie Sanders

<https://www.verywellhealth.com/celebrity-thyroid-patients-4020422>

Having had his own struggles with thyroid disease many years ago as evidenced by a lab that revealed Thyroid Stimulating Hormone (TSH) levels four times higher than normal, Dr. Skolnikoff chose to take the holistic route instead of taking medications. To help his patients recover from thyroid disease and blood sugar imbalances he now utilizes a unique blend of therapies that include herbs, homeopathy, chiropractic, acupuncture, emotional therapies, nutrition, energy medicine and a variety of other modalities in a very focused way that produces fast and profound health results.

In the conventional medical model, the main therapies available for Hashimoto's Thyroiditis and Grave's Disease are prescription or other medications, surgical removal of the thyroid, and possibly radiation therapy or a combination thereof. The Triad Of Health System provides for an infinite number of therapies to choose from. It is no wonder people have had the results that they have had with blood pressure coming down more than 35 points in a single visit; people getting off 4 or more medications with the help of their prescribing doctor on their very first

visit and feeling better without the meds; cholesterol levels coming down more than 60 points in a single visit. This unique system of checks and balances is light years ahead of any other therapeutic modality currently available.

In order to increase awareness about alternatives to conventional medicine and promote health in the local Northern California and Marin County community, Dr. Skolnikoff now holds monthly complementary thyroid workshops in San Rafael. Follow this link to register for and learn more about The Seven Pitfalls You Must Avoid To Heal Your Auto-Immune Thyroid event:

<https://thyroidconfusion.eventbrite.com>

Triad Of Health Family Healing Center is located in Northern California at 4340 Redwood Highway, Suite D318, San Rafael, CA 94903.

Dr. Ilya Skolnikoff is a licensed and practicing chiropractor in the state of California. He is also a Diplomate of the International Board of Applied Kinesiology. He has written several papers on Temporal Mandibular Joint Dysfunction, the Acupuncture Meridian Systems, and a variety of other topics such as Permanent Weight loss, the Cholesterol Myths, etc.

Becoming a Diplomate of the International Board of Applied Kinesiology (DIBAK) requires 3 years of study while in clinical practice and 4 to 5 hours of exams. There are only 5 practicing DIBAKs in northern California. The DIBAK must be well versed in Cranial Sacral Therapy, the acupuncture meridians of Traditional Chinese Medicine, Dr. Frank Chapman, MD's Neuro Lymphatic Reflexes, Dr. Clarence Bennett, DC's Neuro Vascular Reflexes, mental / emotional / spiritual therapies, applied clinical nutrition, all aspects of the nervous system and other aspects of health and disease.

Youtube: <https://www.youtube.com/c/TriadOfHealthFamilyHealingCenterSanRafael>

Twitter: <https://twitter.com/onestopdoc>

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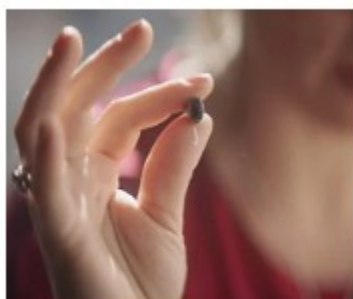
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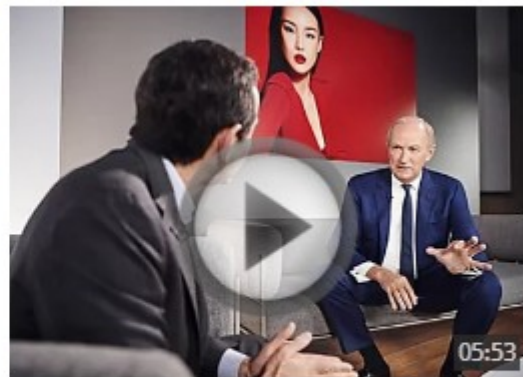
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