

Dr. Ilya Skolnikoff, DC, DIBAK

Occupation: Chiropractic Kinesiologist / Healer

Born: San Francisco, CA/USA

Education

Undergraduate Training

- UCLA: Bachelor Of Arts: 1990 – 1994
- Cleveland College of Chiropractic: 2001-2002
- New College of California: 2000-2001
- College of Santa Monica: 2000-2001

Graduate Training

Southern California University of Health Sciences: 2002-2004

- School of Acupuncture and Oriental Medicine
- Los Angeles College of Chiropractic

Life Chiropractic College West, Doctor of Chiropractic: 2004-2006
(Physiotherapy)

Post-Graduate Education

Ongoing post graduate training:

- Sacro Occipital Technique
 - SORSI
 - SOTO-USA
- Gonstead Technique
- Functional Endocrinology
 - Dr. Janet Lange, DC
 - Dr. Datis Kharazzian, DC
 - Dr. Doris Kutz Compton
 - Dr. Annette Schipple
 - Dr. Ronda Nelson, ND
- Professional Applied Kinesiology
 - Dr. Robert Blaich
 - Dr. Walter Schmitt

- Dr. Timothy D. Francis
- Dr. David Leaf
- Total Kinesiology
 - Dr. Tim Francis
- Behavioral Kinesiology
 - Dr. John Diamond
- Clinical Kinesiology
- Total Body Modification
 - Dr. Victor Frank
 - Dr. Randall Frank
- Neuro Emotional Technique
 - Dr. Scott Walker
- Dr. Datis Kharazian's Lab Analysis and Functional Endocrinology through Apex Energetics
- Nutrition and Herbs
 - Formal training in herbs and acupuncture at the College of Acupuncture and Oriental Medicine in Southern California
 - Formal training with Kerry Bone and other instructors of MediHerb
- Logan Basic
- Drop Table
- Autonomic Response Testing
- Nutritional Response Testing
- NAET (Nambudripad's Allergy Elimination Technique)
- Dr. Arno Burnier's full spine technique with emphasis on the upper cervical spine

Independent Study

- Herbs
- Homeopathy
- Nutrition
 - Whole Food
 - Nutraceutical
 - Infoceutical Nutrition (Bioenergetics)
- Flower Essences
 - Preparation
 - Indications
 - Application
- Osteopathy
- Naturopathy
- Emotional therapies
- Energy Medicine

- Psychosocial therapies
- Applied Physiology

Certifications

- Applied Kinesiology (DIBAK – Diplomate of the International Board of Applied Kinesiology) - June 5th 2013
- Dynamics of Total Body Modification - 2004
- CPR/BLS Health Care Provider
- BEST (Bio Energetic Synchronization Technique)
- Touch for Health International Kinesiology College (muscle testing and the law of the 5 elements with Dr. John Thie and Matthew Thie) - 2003
- Ordained Minister - Universal Life Church Ministries - 2021

Career in San Rafael, California

- Applied Kinesiologist: Lighthouse Wellness Center: 2007-2009
- Clinic Director: Triad Of Health Family Healing Center: 2009-Present
- Expert Witness with IMS Expert Services – 2018
- Educator for Standard Process—teaching doctors how to treat their patients with nutrition and herbs

Published Works

- 7 Fold Power Dilemma: Dynamics of the Meridian System
- An AK Approach to the Treatment of TMJ Dysfunction in a 43 Year Old Female
- The Skolnikoff Method New Medicine For A New You: Inflammation Solutions Handbook

Awards

- Outstanding Speaker and Excellence in Medicine Award – CNN Center – 2020
- Outstanding Speaker – University Of Oxford – 2021
- Outstanding Speaker – London Stock Exchange – 2021
- Outstanding Speaker – University of Cambridge – 2021
- Award of Excellence and Leader in Medicine – The Royal Society of Medicine – 2021
- Best Performance and Unwavering Excellence – College of Physicians of Philadelphia – 2022
- Pioneer of Progress Award – NASDAQ – 2023
- Lifetime Medical Achievement Award – New York Academy of Medicine – 2023
- Medical Pioneer Award – NASA – June 8th 2024

Television Appearances

- ABC TV Channel 5: Discussing Juvenile Arthritis
- Fox TV Colorado Springs, CO: Tech Gadgets for Weight Loss
- NBC TV Detroit, MI: Tech Gadgets for Weight Loss
- NBC TV Detroit, MI: Weight Loss and Water
- CBS TV Texas: Weight Loss Tech Gadgets

Additional Services

- Expert Witness for IMS Expert Legal Services
- Webinars and other training for doctors through Standard Process

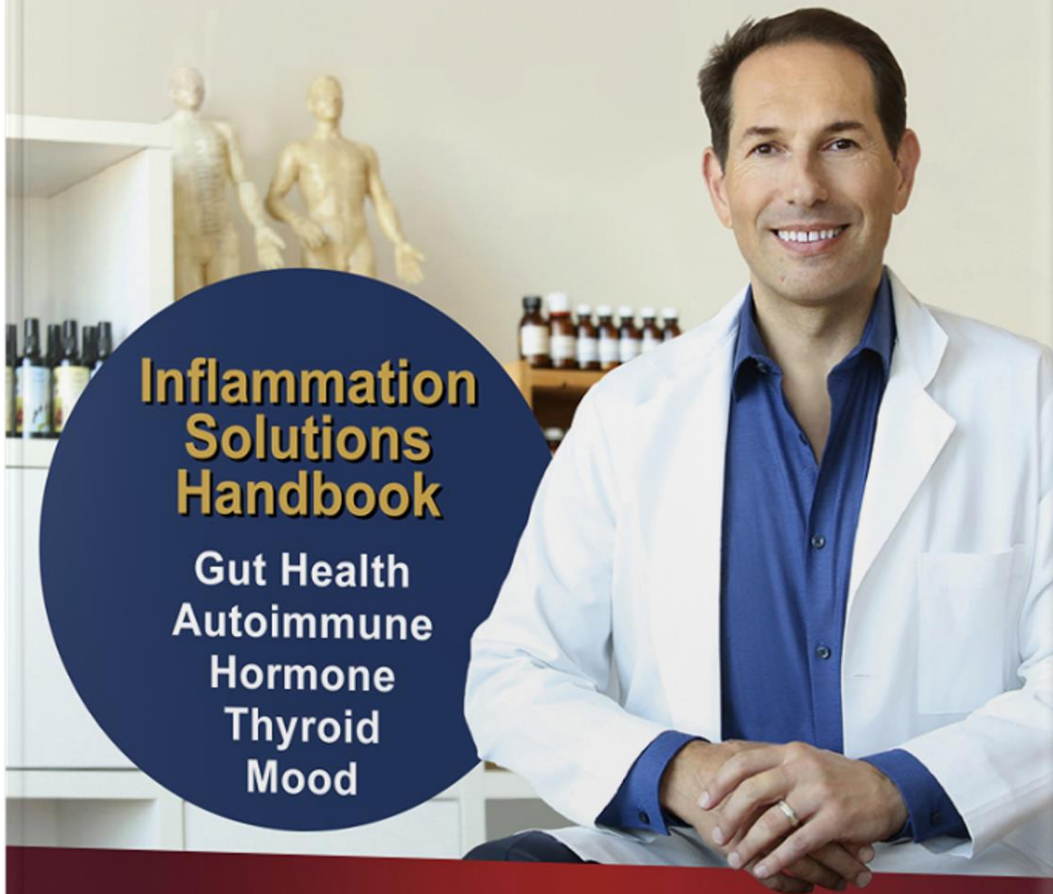
Philanthropy

- San Francisco-Marin Food Bank
- San Quentin inmates free care events
- Central America mission trips
- Free Talks and Community Outreach:
 - The Green Festival Expo
 - The Whole Life Expo
 - Monthly lectures
 - Thyroid Disease
 - Autoimmune Disease
 - ASD / ADD / ADHD
 - Hormone Imbalance
 - The Triad Of Health
 - Bioneers
 - Local Farmer's Markets
 - Change Maker's Fairs
 - Gluten Free Allergy Free Expos

Dr. Ilya Skolnikoff is one of the foremost Functional Medicine experts. He is the Clinical Director of Triad Of Health Family Healing Center and the International Award Winning Speaker, creator, and best-selling author of ***The Skolnikoff Method New Medicine for a New You: Inflammation Solutions Handbook***. The more that you learn about Dr. Skolnikoff and The Skolnikoff Method, the more you will discover a world of possibility for healing that you might have only previously dreamed of. His bold and clear message that compares and contrasts his own medical views as a holistic chiropractor to those of his Freudian psychiatrist father is not to be missed. If you think the information contained in The Skolnikoff Method doesn't apply directly to you then you need to carefully go through this masterpiece that presents actionable information that is highly sought after and also entertaining.

THE SKOLNIKOFF METHOD

NEW MEDICINE FOR A NEW YOU



**Inflammation
Solutions
Handbook**

Gut Health
Autoimmune
Hormone
Thyroid
Mood

DR. ILYA SKOLNIKOFF
D.C., D.I.B.A.K.

This work encompasses all of the latest but also controversial and often misunderstood research so that you can gain clarity on the best approach for your health. In The Inflammation Solutions Handbook you will be able to explore well known common causes of chronic metabolic conditions such as autoimmune disease, thyroid disease, mood disorders, hormone-imbalance, and leaky gut as well as the solutions to these conditions. You will even be able to hear and see real case studies of people whom Dr. Skolnikoff has helped with these two interactive books. This information might just save your life or the life of someone you are close to.

Dr. Skolnikoff has had the honor to speak from stage at a variety of prestigious venues including sharing the stage with Dr. Oz, Evander Holyfield, Dr. Drew Pinsky, 15th Surgeon's General of the United States Dr. Joycelyn Elders, Dr. Marc Siegel of Fox News, and many others.

He has recently been on television discussing Juvenile Arthritis and other forms of autoimmune disease as well as exercise and weight loss. Over the last 16 years of his career, he has helped close to 6000 patients with complex health conditions such as autoimmune disease, thyroid disease, mood disorders, weight loss and hormone imbalance. There is nobody better to help the layperson to get clarity regarding these conditions and transform their health!

Dr. Skolnikoff can be contacted for events, speaking engagements, and publishing opportunities through any of the methods below

Contact

Dr. Ilya Skolnikoff (415) 233-0516 Cellular Phone
(415) 459-4313 San Rafael office

Dr@Skolnikoff.com – media

www.Skolnikoff.com – media

chiro@triadofhealth.net – in person care

www.DrSkolnikoff.com – virtual programs

linktr.ee/Skolnikoff

<https://triadofhealth.net/> - San Rafael office website

Skype: ilya.skolnikoff

Social Media

X: <https://twitter.com/onestopdoc>

Facebook: <https://www.facebook.com/onestoppaindoc/>

Linkedin: <https://www.linkedin.com/in/triadofhealth/>

Youtube: www.youtube.com/@Skolnikoff

Instagram: <https://www.instagram.com/triadofhealth/>

Tiktok: <https://www.tiktok.com/@skolnikoff>

“The Skolnikoff Method New Medicine For A New You: Inflammation Solutions Handbook” may be purchased at Skolnikoff.com or wherever books are sold. To use one of Dr. Skolnikoff’s virtual programs you may visit DrSkolnikoff.com.

Discover how Dr. Skolnikoff’s innovative methods can transform your health. Don't miss the opportunity to gain insights from his award-winning book and unique virtual programs. Experience a new paradigm in healthcare today.

To see if your company or organization qualifies to have Dr. Skolnikoff speak at your next event, or for publishing opportunities, please email Dr. Skolnikoff at dr@skolnikoff.com. For those healthcare providers interested in receiving consulting services from Dr. Skolnikoff you can visit triadofhealth.net and click on “Concierge Care” and choose “Doctor Consulting” from the drop down menu to schedule a time.